

Hospice Care is about living –

Understanding Hospice Palliative Care and Chronic Illness and how it relates to you



*An opportunity to learn about supporting
those dealing with an end-of-life journey*

May 13th 2017, 9:30-3:30

**Columbus Convention Centre
390 Parsons Court, Goderich**

**Tickets \$30 or \$25 for: Seniors, Hospice Volunteers
and Catholic Women's League Members**
Register before May 5th @ www.eventbrite.ca or
Email: stpeterscwlghoderich@gmail.com

**Doors open and registration starts at 9:00
Refreshments & lunch provided**

Every Moment Matters

Topics to Include

- Residential Hospice in Central Huron
 - What is Hospice? How does it work? How does dying well help those left to grieve?
 - Role of Volunteers
- "Palliative Care 101"
- Advanced Care Planning – How do we start the conversation about end-of-life care and why it's important to start these conversations now?
- Compassion Fatigue – What is it? Who gets it? How do we care for ourselves and others?
- Music Therapy - "Music can heal. It can do more than that. It can throw a lifeline to those who can't be reached any other way." Paul McCartney

Facilitation Team

- **Opening Remarks:** Jackie Simpson, B.A., B.Ed, M.A., Life Coach, Grief Recovery Specialist, Manager of Programs & Community Engagement, Huron Hospice
- **Keynote Speaker:** Michelle O'Rourke, RN, Chatham-Kent Health Alliance & co-author of 'Embracing the End of Life. A Practical Guide to Help Those Who Journey with the Dying'
- **Presenter:** Sheri MacLaren, Registered Psychotherapy; Compassion Fatigue
- **Presenter:** Mary Cardinal, VP of Quality & Clinical Services, HPHA; Advanced Care Planning
- **Presenter:** Dana Prouse, BMT, MTA: Music Therapy

This workshop is made available thanks to:

St. Peter's Catholic Women's League, Goderich
Huron Hospice Volunteer Service
Knights of Columbus, Goderich
Workshop Facilitators

